



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Pre Office-Procedure Information

1. Take antibiotics and steroids preoperatively morning of procedure. (if applicable)
2. Eat a light meal with your medications to ensure you do not get an upset stomach from the meds.
3. Take Norco and Halcion 1 hour prior to arrival at office. (This may mean taking 1 or 2 tablets of each of these medications, depending on what Dr. Compton wrote for you.)
4. If you have a history of post-operative nausea and vomiting, please notify Dr. Compton ahead of the day of procedure so he can prescribe you Zofran. If you have been prescribed Zofran, take one when you take the Norco/Halcion.
5. Please bring all your prescriptions with you to the office visit.
6. Please wear loose and comfortable clothes that are easy to get on and off for when you get home, and dark items that you do not mind getting dirty. Please do not wear any makeup of any kind to the procedure. Wash your face with your normal cleanser the morning of, and do not apply any lotions or other moisturizers or serums. Wear easy to walk in shoes. No heels!
7. During the procedure you will be "loopy" and tired, but you will be awake and aware of what is going on. You will hear Dr. Compton and his staff speaking to each other throughout the procedure, as well as sounds from the procedure. This may include cutting or bone popping or cracking. You will however be very numb and not feel any pain, though there may be pressure throughout the procedure.
8. Please have a driver available to take you home as you will not be able to drive yourself.

**If you have any questions or concerns, please call the office at 248-855-7530 (WB) or 248-267-5004 (Troy). If after office hours, call 248-584-6160.**